

CATCHING UP

Join us!

Community Choices 5th annual Chili Cook-off

When: Sunday, October 11
12:00pm-2:00pm

Where: NOTE: location change!
Hessel Park Pavilion
1862 Valley Rd., in Champaign



Please join us for delicious chili, other fixings, live music, and a silent auction!

Donations are welcome!
(Suggested \$10 per person donation)

Fall Family Event

Family Bonfire and Weiner Roast at the Wood's

Saturday, October 24

4:00pm-7:00pm

Rain Date (Sunday, October 25)

Join us for a beautiful autumn night out on the farm for a bonfire, games, and good food!



SOCIAL EVENTS

✧ Dinner at Dos Reales
Thursday, October 1
6:00pm-8:00pm

✧ Speak Out
Thursday, October 8
7:00pm-8:30pm

✧ Lunch Club at Station 6 Pizza
Wednesday, October 21
11:30am-1:00pm

✧ Family Bonfire at the Wood's
Saturday, October 24
4:00pm-7:00pm

✧ Costume Bowling
Wednesday, October 28
6:00pm-8:00pm

For more information on social opportunities,

contact Annie Bruno at
217-722-4535 or
annie.communitychoices@gmail.com

Family Meeting & Speak Out

Thursday, October 8
7:00pm-8:30pm

The family meeting and Speak Out will be combined this month and will showcase a few Community Choices members discussing their success stories in moving out!

Disability Resource Expo

Saturday, October 17
9:00am-2:00pm

Fluid Event Center, 601 N. Country Fair Drive in Champaign



Mission: to provide access to information and resources from a wide variety of organizations to promote the highest quality of life for individuals with disabilities in East Central Illinois.

www.disabilityresourceexpo.org

Step Up To Leadership!

Community Choices just completed its first session of Step Up To Leadership, an eight-week leadership course created by a dedicated group of members, grad students and staff. The course focused on many different aspects of leadership, from leadership in everyday life to advocacy. We learned from one another and also learned different leadership styles and skills. We role-played, held debates, practiced interviewing each other, gained insight from leaders both with and without disabilities, and discovered what type of leader each of us strives to be. We challenged each other to build on our leadership potential.



Community Choices member Sarah Demissie co-facilitated the course, showing all of us each week how a good leader operates. She had a large role in the development of the course, and her passion and leadership skills were a weekly reminder of why leadership itself is important. We'd like to say thank you to Sarah for her dedication and for sharing her talent with us.

We are about to start the second session of Step Up To Leadership on October 6. If you are interested in joining us and haven't signed up yet, please complete the registration form as soon as possible or contact Eric at eric.communitychoices@gmail.com.



Contact Community Choices!

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